

| | 301 | Vereine haben die BE abgegeben | männlich 2023 | weiblich 2023 | divers 2023 | gesamt 2023 | +/- männlich | +/- weiblich | +/- divers | +/- gesamt | Abweichung |
|----|----------------|---------------------------------------|---------------|---------------|-------------|----------------|--------------|--------------|------------|--------------|--------------|
| | 100,00% | von 302 Sportvereinen | 61.967 | 52.192 | 38 | 114.197 | 1.692 | 778 | 38 | 2.508 | 2,25% |
| 1 | 304472695 | SC Melle 03 | 2.809 | 3.006 | - | 5.815 | 82 | 169 | 0 | 251 | 4,51% |
| 2 | 304470930 | TuS Bramsche | 1.416 | 1.050 | - | 2.466 | 38 | 32 | 0 | 70 | 2,92% |
| 3 | 304471780 | Hagener Sportverein | 1.207 | 1.049 | - | 2.256 | 80 | 50 | 0 | 130 | 6,11% |
| 4 | 304472160 | Blau-Weiß Hollage | 1.255 | 905 | - | 2.160 | 35 | 44 | 0 | 79 | 3,80% |
| 5 | 304476500 | TSV Westerhausen-Föckinghausen | 902 | 881 | - | 1.783 | 99 | 25 | 0 | 124 | 7,47% |
| 6 | 304473450 | Sportfreunde Oesede | 969 | 810 | - | 1.779 | 58 | 31 | 0 | 89 | 5,27% |
| 7 | 304470260 | SV "Quitt" Ankum | 1.010 | 645 | - | 1.655 | 29 | 4 | 0 | 33 | 2,03% |
| 8 | 304471180 | TuS Engter | 824 | 806 | - | 1.630 | 21 | 38 | 0 | 59 | 3,76% |
| 9 | 304471380 | Spvg. Gaste-Hasbergen | 861 | 753 | - | 1.614 | 76 | 66 | 0 | 142 | 9,65% |
| 10 | 304471640 | SC 36 Glandorf | 853 | 726 | - | 1.579 | 8 | 10 | 0 | 18 | 1,15% |
| 11 | 304476450 | TV Wellingholzhausen | 827 | 703 | - | 1.530 | 10 | 10 | 0 | 20 | 1,32% |
| 12 | 304471700 | TuS Glane | 853 | 613 | - | 1.466 | 67 | 33 | 0 | 100 | 7,32% |
| 13 | 304475200 | TuS Eintracht Rulle | 832 | 630 | - | 1.462 | 0 | -4 | 0 | -4 | -0,27% |
| 14 | 304470820 | TuS Borgloh | 791 | 655 | - | 1.446 | 20 | 9 | 0 | 29 | 2,05% |
| 15 | 304470780 | TV 1901 Bohmte | 727 | 707 | - | 1.434 | -1 | 25 | 0 | 24 | 1,70% |
| 16 | 304472280 | Hunteburger SV v. 1923 | 676 | 681 | - | 1.357 | 19 | 2 | 0 | 21 | 1,57% |
| 17 | 304476250 | TSV Wallenhorst | 804 | 552 | - | 1.356 | 69 | 55 | 0 | 124 | 10,06% |
| 18 | 304473050 | SV Eintracht Neuenkirchen | 725 | 607 | - | 1.332 | 28 | 39 | 0 | 67 | 5,30% |
| 19 | 304470660 | TV Bissendorf - Holte | 601 | 666 | - | 1.267 | 23 | 45 | 0 | 68 | 5,67% |
| 20 | 304470540 | TuS Bersenbrück | 742 | 523 | - | 1.265 | 17 | 45 | 0 | 62 | 5,15% |
| 21 | 304473520 | VfL Kloster Oesede | 744 | 514 | - | 1.258 | 16 | 3 | 0 | 19 | 1,53% |
| 22 | 304470400 | SV Concordia Beim-Powe v. 1927 | 694 | 562 | - | 1.256 | 36 | 32 | 0 | 68 | 5,72% |
| 23 | 304471620 | SV Viktoria Gesmold | 694 | 542 | - | 1.236 | 34 | 56 | 0 | 90 | 7,85% |
| 24 | 304473150 | Turnverein Neuenkirchen | 670 | 562 | - | 1.232 | 24 | -24 | 0 | 0 | 0,00% |
| 25 | 304472500 | SV Bad Laer | 732 | 492 | - | 1.224 | 97 | -150 | 0 | -53 | -4,15% |
| 26 | 304474750 | TSV Riemsloh | 584 | 636 | - | 1.220 | 2 | 2 | 0 | 4 | 0,33% |
| 27 | 304470360 | Turn- u Sportv. Badbergen | 644 | 532 | - | 1.176 | 14 | -19 | 0 | -5 | -0,42% |
| 28 | 304472540 | Sportfreunde Lechtingen | 630 | 537 | - | 1.167 | -6 | -10 | 0 | -16 | -1,35% |
| 29 | 304473200 | Spielvereinig. Niedermark | 669 | 443 | - | 1.112 | -4 | 4 | 0 | 0 | 0,00% |
| 30 | 304471000 | Spiel und Sport Buer 27 | 619 | 492 | - | 1.111 | 51 | 5 | 0 | 56 | 5,31% |
| 31 | 304474400 | Quakenbrücker TSV | 498 | 603 | - | 1.101 | 5 | 40 | 0 | 45 | 4,26% |
| 32 | 304475500 | TV Schleddehausen | 425 | 671 | - | 1.096 | 12 | -13 | 0 | -1 | -0,09% |
| 33 | 304472560 | VfL Lintorf | 629 | 454 | - | 1.083 | 18 | -1 | 0 | 17 | 1,59% |
| 34 | 304471260 | TuS Bad Essen | 645 | 424 | - | 1.069 | 23 | 25 | 0 | 48 | 4,70% |
| 35 | 304471600 | TV Gut Heil Georgsmarienhütte | 526 | 517 | - | 1.043 | -3 | -8 | 0 | -11 | -1,04% |
| 36 | 304470837 | DLRG OG Bramsche | 528 | 493 | - | 1.021 | 53 | 53 | 0 | 106 | 11,58% |
| 37 | 304470610 | Osnabrücker Golf Club | 638 | 377 | - | 1.015 | -6 | -20 | 0 | -26 | -2,50% |
| 38 | 304471880 | SV Harderberg | 464 | 538 | - | 1.002 | -19 | 0 | 0 | -19 | -1,86% |
| 39 | 304472220 | BSV Holzhausen | 608 | 392 | - | 1.000 | -11 | -10 | 0 | -21 | -2,06% |
| 40 | 304472120 | TuS Hilter | 546 | 433 | - | 979 | 6 | 2 | 0 | 8 | 0,82% |
| 41 | 304471340 | Spielvereinigung Fürstenau | 564 | 410 | - | 974 | -11 | -33 | 0 | -44 | -4,32% |
| 42 | 304470210 | Artland Golfclub Ankum | 651 | 309 | - | 960 | 72 | 44 | 0 | 116 | 13,74% |
| 43 | 304475100 | TuS Bad Rothenfelde | 278 | 679 | - | 957 | -1 | 15 | 0 | 14 | 1,48% |

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|----|-----------|----------------------------------|-----|-----|----|-----|-----|------|----|------|---------|
| 44 | 304476150 | TSV Venne | 506 | 421 | - | 927 | 38 | 10 | 0 | 48 | 5,46% |
| 45 | 304473300 | Sportverein Nortrup | 448 | 477 | - | 925 | -22 | 1 | 0 | -21 | -2,22% |
| 46 | 304471860 | SG Hankenberge-Wellendorf | 408 | 502 | - | 910 | -5 | 7 | 0 | 2 | 0,22% |
| 47 | 304471040 | TSG Dissen | 578 | 313 | - | 891 | 13 | -15 | 0 | -2 | -0,22% |
| 48 | 304473900 | Ostercappelner Fußballverein | 513 | 352 | - | 865 | -17 | 38 | 0 | 21 | 2,49% |
| 49 | 304472400 | Fc Schwarz-Weiß Kalkriese | 522 | 337 | - | 859 | 24 | 35 | 0 | 59 | 7,38% |
| 50 | 304472477 | Reha-Sport Bad Laer | 414 | 436 | - | 850 | 156 | 205 | 0 | 361 | 73,82% |
| 51 | 304474100 | Quakenbrücker SC | 711 | 132 | - | 843 | 25 | -9 | 0 | 16 | 1,93% |
| 52 | 304472175 | RSC Osnabrücker Land | 132 | 676 | - | 808 | -3 | -13 | 0 | -16 | -1,94% |
| 53 | 304472840 | Sportver. Blau-Weiß Merzen | 508 | 282 | - | 790 | -17 | -9 | 0 | -26 | -3,19% |
| 54 | 304476650 | Sportverein Wissingen | 493 | 282 | - | 775 | 23 | 31 | 0 | 54 | 7,49% |
| 55 | 304470440 | Turn- und Sportverein Berge | 465 | 296 | - | 761 | 13 | -8 | 0 | 5 | 0,66% |
| 56 | 304471120 | SV-Fortuna 47 Eggermühlen | 417 | 283 | - | 700 | -26 | -15 | 0 | -41 | -5,53% |
| 57 | 304471207 | DLRG-OG Obere Hunte | 346 | 354 | - | 700 | -3 | 1 | 0 | -2 | -0,28% |
| 58 | 304475790 | Blau Weiß Schwege | 363 | 329 | - | 692 | -19 | 18 | 0 | -1 | -0,14% |
| 59 | 304470160 | Sportverein Alfhausen | 393 | 277 | - | 670 | 1 | -3 | 0 | -2 | -0,30% |
| 60 | 304474800 | Sport-Club Rieste | 425 | 245 | - | 670 | -5 | -11 | 0 | -16 | -2,33% |
| 61 | 304472605 | DLRG-OG Melle | 430 | 222 | - | 652 | 45 | 24 | 0 | 69 | 11,84% |
| 62 | 304472380 | VfL Iburg | 357 | 287 | - | 644 | 0 | 0 | 0 | 0 | 0,00% |
| 63 | 304471440 | TV Gehrde | 209 | 428 | - | 637 | -1 | -6 | 0 | -7 | -1,09% |
| 64 | 304475750 | Sportverein Schwagstorf | 356 | 265 | - | 621 | -4 | -1 | 0 | -5 | -0,80% |
| 65 | 304471140 | Eickener Spielvereinigung | 351 | 259 | - | 610 | 18 | 13 | 0 | 31 | 5,35% |
| 66 | 304476235 | Sport & Reha Zentrum Wallenhorst | 254 | 324 | 26 | 604 | 144 | -338 | 26 | -168 | -21,76% |
| 67 | 304470100 | Sportclub Achmer | 370 | 227 | - | 597 | 11 | 12 | 0 | 23 | 4,01% |
| 68 | 304470560 | Bippener SC | 319 | 278 | - | 597 | 37 | 62 | 0 | 99 | 19,88% |
| 69 | 304472060 | Sportverein Hesepe-Sögel | 373 | 223 | - | 596 | -1 | -6 | 0 | -7 | -1,16% |
| 70 | 304476050 | Spiel und Sport 1920 Vehrte | 329 | 266 | - | 595 | -32 | -23 | 0 | -55 | -8,46% |
| 71 | 304472460 | SV Kettenkamp | 312 | 278 | - | 590 | -58 | -34 | 0 | -92 | -13,49% |
| 72 | 304476200 | Sportgemeinschaft. Voltlage | 389 | 162 | - | 551 | -1 | 1 | 0 | 0 | 0,00% |
| 73 | 304471490 | Polizei SV Georgsmarienhütte | 374 | 175 | - | 549 | 21 | 40 | 0 | 61 | 12,50% |
| 74 | 304471457 | DLRG-OG Georgsmarienhütte | 279 | 252 | - | 531 | 17 | 8 | 0 | 25 | 4,94% |
| 75 | 304475000 | SV Bad Rothenfelde | 490 | 10 | - | 500 | 44 | 2 | 0 | 46 | 10,13% |
| 76 | 304472200 | Sportverein Hollenstede | 278 | 176 | - | 454 | 3 | 2 | 0 | 5 | 1,11% |
| 77 | 304472000 | Sportclub Herringhausen | 284 | 168 | - | 452 | -15 | -1 | 0 | -16 | -3,42% |
| 78 | 304474180 | DLRG-OG Quakenbrück i. Artland | 245 | 205 | - | 450 | -2 | 5 | 0 | 3 | 0,67% |
| 79 | 304470840 | 1. FCR 09 Bramsche | 402 | 25 | - | 427 | -60 | -10 | 0 | -70 | -14,08% |
| 80 | 304474050 | TV Pente | 190 | 231 | - | 421 | -1 | -4 | 0 | -5 | -1,17% |
| 81 | 304475950 | TSV Ueffeln | 268 | 145 | - | 413 | 1 | 10 | 0 | 11 | 2,74% |
| 82 | 304471160 | Reiterverein Engter | 51 | 361 | - | 412 | -1 | 3 | 0 | 2 | 0,49% |
| 83 | 304471560 | Sv Viktoria 08 Gmhütte | 359 | 51 | - | 410 | 16 | -2 | 0 | 14 | 3,54% |
| 84 | 304473700 | SV Oldendorf | 231 | 178 | - | 409 | 1 | 0 | 0 | 1 | 0,25% |
| 85 | 304470600 | Fußball-Club Bissendorf | 389 | 19 | - | 408 | 47 | 4 | 0 | 51 | 14,29% |
| 86 | 304471200 | SC Epe-Malgarten | 300 | 104 | - | 404 | -5 | -2 | 0 | -7 | -1,70% |
| 87 | 304475400 | Sportfreunde Schleddehausen | 330 | 68 | - | 398 | 1 | 7 | 0 | 8 | 2,05% |
| 88 | 304476600 | SV Wimmer | 314 | 83 | - | 397 | 24 | 5 | 0 | 29 | 7,88% |

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|-----|-----------|---|-----|-----|---|-----|-----|-----|---|-----|---------|
| 89 | 304475050 | Tenniscl Bad Rothenfelde | 247 | 148 | - | 395 | 0 | -4 | 0 | -4 | -1,00% |
| 90 | 304475650 | Grün-Weiß Schwagstorf | 272 | 106 | - | 378 | 4 | 0 | 0 | 4 | 1,07% |
| 91 | 304470470 | DLRG OG Bersenbrück | 207 | 155 | - | 362 | 41 | 47 | 0 | 88 | 32,12% |
| 92 | 304471720 | Sportverein Grafeld | 260 | 94 | - | 354 | -4 | -1 | 0 | -5 | -1,39% |
| 93 | 304471240 | Tennisclub Bad Essen | 203 | 146 | - | 349 | 13 | -1 | 0 | 12 | 3,56% |
| 94 | 304472880 | Turnverein Groß-Mimmelage | 205 | 130 | - | 335 | 4 | 2 | 0 | 6 | 1,82% |
| 95 | 304473500 | Tennisclub Oesede | 181 | 142 | - | 323 | -7 | 5 | 0 | -2 | -0,62% |
| 96 | 304471520 | Schwimmv. Georgsmarienhütte | 179 | 136 | - | 315 | -6 | 16 | 0 | 10 | 3,28% |
| 97 | 304474700 | FC Renslage | 224 | 85 | - | 309 | 4 | 1 | 0 | 5 | 1,64% |
| 98 | 304473750 | Islandpferdereiter Osnabrücker | 38 | 269 | - | 307 | 0 | 0 | 0 | 0 | 0,00% |
| 99 | 304471840 | TC Hagen a.T.W. | 184 | 113 | - | 297 | 5 | 6 | 0 | 11 | 3,85% |
| 100 | 304476100 | RuF Venne | 70 | 224 | - | 294 | -2 | -3 | 0 | -5 | -1,67% |
| 101 | 304472800 | Turnverein Menslage | 107 | 179 | - | 286 | -2 | -14 | 0 | -16 | -5,30% |
| 102 | 304471300 | RuF Fürstenau | 43 | 230 | - | 273 | -9 | -3 | 0 | -12 | -4,21% |
| 103 | 304470220 | RuF Ankum | 57 | 214 | - | 271 | 1 | 8 | 0 | 9 | 3,44% |
| 104 | 304474900 | RuF Diana Bad Rothenfelde u.U. | 64 | 203 | - | 267 | -2 | 17 | 0 | 15 | 5,95% |
| 105 | 304474870 | Ambulante Herzsportgruppe | 195 | 67 | - | 262 | -7 | 5 | 0 | -2 | -0,76% |
| 106 | 304471500 | RuF St Georg Georgsmarienhütte | 60 | 200 | - | 260 | -2 | -13 | 0 | -15 | -5,45% |
| 107 | 304472375 | TV Bad Iburg | 54 | 204 | - | 258 | 12 | 37 | 0 | 49 | 23,44% |
| 108 | 304472950 | RuF Neuenkirchen/Bramsche | 56 | 201 | - | 257 | 1 | 3 | 0 | 4 | 1,58% |
| 109 | 304470320 | TuS Aschen Strang | 148 | 101 | - | 249 | -9 | -16 | 0 | -25 | -9,12% |
| 110 | 304473650 | Ländlicher RuF Oldendorf | 32 | 216 | - | 248 | 1 | 10 | 0 | 11 | 4,64% |
| 111 | 304474088 | Artländer Rehaforum | 72 | 161 | - | 233 | 9 | 43 | 0 | 52 | 28,73% |
| 112 | 304470460 | Zucht-, RuF Berge | 63 | 169 | - | 232 | 0 | 7 | 0 | 7 | 3,11% |
| 113 | 304470960 | RuF Bruchmühlen | 48 | 182 | - | 230 | -4 | -6 | 0 | -10 | -4,17% |
| 114 | 304476700 | Luftsportverein Wittlage | 207 | 18 | - | 225 | 2 | -5 | 0 | -3 | -1,32% |
| 115 | 304472890 | Pony-Reiterv.Gut Stockum | 14 | 210 | - | 224 | -1 | -33 | 0 | -34 | -13,18% |
| 116 | 304475600 | SV DJK Schlichthorst | 99 | 125 | - | 224 | 0 | -14 | 0 | -14 | -5,88% |
| 117 | 304475430 | Schützenver.Schledehausen | 177 | 45 | - | 222 | 1 | 9 | 0 | 10 | 4,72% |
| 118 | 304471002 | DLRG OG Dissen-Bad Rothenfelde | 127 | 94 | - | 221 | -10 | -5 | 0 | -15 | -6,36% |
| 119 | 304471980 | Tennisverein Hasbergen | 125 | 91 | - | 216 | 0 | 7 | 0 | 7 | 3,35% |
| 120 | 304471460 | Hockey-Club Gmhütte | 112 | 101 | - | 213 | 7 | 0 | 0 | 7 | 3,40% |
| 121 | 304475850 | Fußballclub Talge | 154 | 52 | - | 206 | 3 | 5 | 0 | 8 | 4,04% |
| 122 | 304472100 | Tennisclub Hilter | 106 | 99 | - | 205 | -5 | 4 | 0 | -1 | -0,49% |
| 123 | 304472575 | BMX-CLUB "RaceHawks" | 163 | 39 | - | 202 | -3 | 10 | 0 | 7 | 3,59% |
| 124 | 304474550 | Tennisverein Quakenbrück | 134 | 68 | - | 202 | 0 | 0 | 0 | 0 | 0,00% |
| 125 | 304470280 | Tennisverein Ankum | 121 | 80 | - | 201 | -5 | -9 | 0 | -14 | -6,51% |
| 126 | 304472440 | SV Kerßenbrock-Küingdorf | 153 | 43 | - | 196 | 6 | 3 | 0 | 9 | 4,81% |
| 127 | 304472340 | RuF Bad Iburg | 23 | 170 | - | 193 | 1 | -2 | 0 | -1 | -0,52% |
| 128 | 304471365 | Verein gesundheitsorientierter Menschen | 73 | 117 | - | 190 | 1 | -5 | 0 | -4 | -2,06% |
| 129 | 304471820 | Tanzsport-Club Hagen | 77 | 113 | - | 190 | -9 | -13 | 0 | -22 | -10,38% |
| 130 | 304471680 | Tennis-Club Glandorf | 111 | 76 | - | 187 | -5 | -12 | 0 | -17 | -8,33% |
| 131 | 304470920 | Tennis-Club Bramsche | 115 | 71 | - | 186 | 3 | 2 | 0 | 5 | 2,76% |
| 132 | 304471900 | TC Harderberg | 110 | 71 | - | 181 | -1 | 8 | 0 | 7 | 4,02% |
| 133 | 304476040 | IPG Vehrte | 16 | 162 | - | 178 | 2 | -9 | 0 | -7 | -3,78% |

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|-----|-----------|---|-----|-----|----|-----|-----|-----|----|-----|---------|
| 134 | 304470700 | RuF Bohmte | 39 | 136 | - | 175 | 0 | -26 | 0 | -26 | -12,94% |
| 135 | 304472680 | Ländl. RuF Melle-Gesbold | 42 | 133 | - | 175 | -2 | 8 | 0 | 6 | 3,55% |
| 136 | 304472780 | RuF Menslage | 65 | 110 | - | 175 | -4 | -2 | 0 | -6 | -3,31% |
| 137 | 304472360 | Tennisclub Iburg | 86 | 87 | - | 173 | 3 | -1 | 0 | 2 | 1,17% |
| 138 | 304471800 | Reiterverein St. Martinus | 60 | 111 | - | 171 | 1 | 8 | 0 | 9 | 5,56% |
| 139 | 304472820 | RuF Merzen | 41 | 128 | - | 169 | -7 | -9 | 0 | -16 | -8,65% |
| 140 | 304470305 | RV Teutonia 07 Aschendorf | 69 | 99 | - | 168 | 3 | 1 | 0 | 4 | 2,44% |
| 141 | 304471400 | Reiterverein Gehrde | 55 | 113 | - | 168 | -3 | -14 | 0 | -17 | -9,19% |
| 142 | 304473950 | RuF Osterc.-Schwegerhoff | 43 | 124 | - | 167 | 6 | -11 | 0 | -5 | -2,91% |
| 143 | 304471420 | Sportverein Gehrde v. 1954 | 152 | 14 | - | 166 | 2 | 3 | 0 | 5 | 3,11% |
| 144 | 304471940 | Hasberger TC | 97 | 69 | - | 166 | -4 | -9 | 0 | -13 | -7,26% |
| 145 | 304475150 | RuF Rulle | 44 | 118 | - | 162 | -2 | 1 | 0 | -1 | -0,61% |
| 146 | 304471960 | RuF Hasbergen | 48 | 113 | - | 161 | -7 | -2 | 0 | -9 | -5,29% |
| 147 | 304470785 | Verein f. Fitness- u. Gesundheitssport Bohmte | 101 | 57 | - | 158 | 10 | -5 | 0 | 5 | 3,27% |
| 148 | 304472470 | Tennisverein Kettenkamp | 94 | 64 | - | 158 | 3 | -4 | 0 | -1 | -0,63% |
| 149 | 304473250 | RuF Nortrup | 61 | 96 | - | 157 | -10 | -23 | 0 | -33 | -17,37% |
| 150 | 304472450 | Reit- und Fahrv. Kettenkamp | 54 | 100 | - | 154 | 1 | 18 | 0 | 19 | 14,07% |
| 151 | 304472700 | Segelfliegerclub Grönegau | 142 | 12 | - | 154 | 6 | 0 | 0 | 6 | 4,05% |
| 152 | 304471360 | Tennismgemeinschaft Fürstenau | 99 | 54 | - | 153 | 9 | 11 | 0 | 20 | 15,04% |
| 153 | 304475800 | TTV Stirpe-Oelingen | 115 | 35 | - | 150 | 8 | 1 | 0 | 9 | 6,38% |
| 154 | 304470120 | RuF Alfhausen | 37 | 111 | - | 148 | 6 | 5 | 0 | 11 | 8,03% |
| 155 | 304472900 | RuF Neuenkirchen | 13 | 135 | - | 148 | -3 | -12 | 0 | -15 | -9,20% |
| 156 | 304472685 | Island Reit-u. Zuchtv. Melle | 15 | 127 | - | 142 | 0 | 0 | 0 | 0 | 0,00% |
| 157 | 304473100 | Tennisverein Neuenkirchen | 79 | 59 | - | 138 | 5 | -3 | 0 | 2 | 1,47% |
| 158 | 304474680 | Eintracht Remsede v. 1990 | 130 | 7 | - | 137 | 5 | 0 | 0 | 5 | 3,79% |
| 159 | 304470847 | Kanu-Club Bramsche | 76 | 57 | - | 133 | 6 | 3 | 0 | 9 | 7,26% |
| 160 | 304470580 | Reitsport Bippen | 35 | 97 | - | 132 | -6 | 2 | 0 | -4 | -2,94% |
| 161 | 304471220 | RuF Bad Essen | 31 | 101 | - | 132 | -5 | 4 | 0 | -1 | -0,75% |
| 162 | 304470200 | Alfsee-Tennisclub Rieste | 65 | 66 | - | 131 | -1 | 9 | 0 | 8 | 6,50% |
| 163 | 304472520 | Tennis-Club Bad Laer | 74 | 46 | 11 | 131 | -11 | -6 | 11 | -6 | -4,38% |
| 164 | 304474820 | WSC Alfsee Rieste | 102 | 29 | - | 131 | 0 | 4 | 0 | 4 | 3,15% |
| 165 | 304473600 | BV Ohrtermersch-Ohrte | 113 | 16 | - | 129 | 2 | 2 | 0 | 4 | 3,20% |
| 166 | 304476530 | 1. FC Westerwiede | 125 | 3 | - | 128 | -3 | -1 | 0 | -4 | -3,03% |
| 167 | 304472590 | Bürgerschützen Melle | 81 | 46 | - | 127 | 2 | 2 | 0 | 4 | 3,25% |
| 168 | 304470500 | RuF Bersenbrück | 39 | 87 | - | 126 | -1 | -18 | 0 | -19 | -13,10% |
| 169 | 304470800 | RuF Borgloh | 39 | 86 | - | 125 | -5 | -12 | 0 | -17 | -11,97% |
| 170 | 304474740 | Tennisverein im TSV Riemsloh | 77 | 48 | - | 125 | 0 | 0 | 0 | 0 | 0,00% |
| 171 | 304470620 | RuF "Horsa" | 31 | 92 | - | 123 | -2 | -3 | 0 | -5 | -3,91% |
| 172 | 304470465 | BSA der HpH Bersenbrück | 53 | 69 | - | 122 | -11 | 3 | 0 | -8 | -6,15% |
| 173 | 304471100 | RuF Eggermühlen | 31 | 91 | - | 122 | -1 | -19 | 0 | -20 | -14,08% |
| 174 | 304472710 | Tanzclub Grönegau Melle | 48 | 74 | - | 122 | -4 | -3 | 0 | -7 | -5,43% |
| 175 | 304470340 | RuF Badbergen | 31 | 90 | - | 121 | -4 | -3 | 0 | -7 | -5,47% |
| 176 | 304471495 | Reha- und Sportzentrum Vitalis | 56 | 65 | - | 121 | 4 | 1 | 0 | 5 | 4,31% |
| 177 | 304472020 | RuF Hesepe | 31 | 90 | - | 121 | 1 | 3 | 0 | 4 | 3,42% |
| 178 | 304472260 | Freizeitclub Hüsedede | 71 | 49 | - | 120 | -1 | 1 | 0 | 0 | 0,00% |

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| 179 | 304472180 | RuF Hollage | 17 | 102 | - | 119 | -10 | -16 | 0 | -26 | -17,93% |
| 180 | 304471218 | FC Wittlager Land 2022 | 92 | 25 | - | 117 | 92 | 25 | 0 | 117 | 0,00% |
| 181 | 304470430 | Tennisverein Berge | 74 | 42 | - | 116 | -1 | 0 | 0 | -1 | -0,85% |
| 182 | 304476000 | Sportfreunde Vechtel | 92 | 24 | - | 116 | 1 | 3 | 0 | 4 | 3,57% |
| 183 | 304472140 | Tischtennis-Club Hitzhausen | 74 | 38 | - | 112 | 1 | 0 | 0 | 1 | 0,90% |
| 184 | 304470885 | Reha-Sport-Verein Bramsche | 24 | 86 | - | 110 | -13 | -46 | 0 | -59 | -34,91% |
| 185 | 304471497 | Reitclub Georgsmarienhütte | 5 | 105 | - | 110 | 4 | -29 | 0 | -25 | -18,52% |
| 186 | 304474670 | Reiterv. Meyer zu Reckendorf | 14 | 96 | - | 110 | 1 | -21 | 0 | -20 | -15,38% |
| 187 | 304471206 | BV Bad Essen | 74 | 33 | - | 107 | 17 | 17 | 0 | 34 | 46,58% |
| 188 | 304475550 | Schützenverein Schleptrup | 66 | 39 | - | 105 | 0 | -1 | 0 | -1 | -0,94% |
| 189 | 304470880 | RSV Frisch-Voran Bramsche | 69 | 35 | - | 104 | -4 | 7 | 0 | 3 | 2,97% |
| 190 | 304471205 | Ambulante Herzgruppe Bad Essen-O.-B. | 81 | 23 | - | 104 | -11 | -9 | 0 | -20 | -16,13% |
| 191 | 304472640 | Ländlicher RuF Melle-Buer | 16 | 88 | - | 104 | -3 | 7 | 0 | 4 | 4,00% |
| 192 | 304473550 | SV Ohrbeck | 98 | 6 | - | 104 | 5 | 0 | 0 | 5 | 5,05% |
| 193 | 304471214 | Integrativer Reiterhof zum Heideteil | 11 | 91 | - | 102 | -1 | 2 | 0 | 1 | 0,99% |
| 194 | 304471580 | Tennisclub Georgsmarienh. | 61 | 41 | - | 102 | -3 | 3 | 0 | 0 | 0,00% |
| 195 | 304470990 | Schützengesellschaft Buer | 71 | 30 | - | 101 | 2 | 0 | 0 | 2 | 2,02% |
| 196 | 304471740 | Haarener Sportclub | 79 | 22 | - | 101 | -5 | -2 | 0 | -7 | -6,48% |
| 197 | 304476750 | Sportschützengem Wittlage | 72 | 28 | - | 100 | 2 | 0 | 0 | 2 | 2,04% |
| 198 | 304473350 | Tennisverein Nortrup | 61 | 36 | - | 97 | -1 | 1 | 0 | 0 | 0,00% |
| 199 | 304471775 | Hagener Schachverein | 86 | 9 | - | 95 | 1 | -2 | 0 | -1 | -1,04% |
| 200 | 304471920 | Hasberger Badminton-Club | 62 | 33 | - | 95 | 2 | 0 | 0 | 2 | 2,15% |
| 201 | 304474200 | Kneipp-Verein Quakenbrück | 9 | 83 | - | 92 | 0 | 16 | 0 | 16 | 21,05% |
| 202 | 304474500 | Schieß-Sport-Club Artland | 71 | 21 | - | 92 | 2 | 0 | 0 | 2 | 2,22% |
| 203 | 304472860 | Tennisverein Merzen | 39 | 52 | - | 91 | 2 | 6 | 0 | 8 | 9,64% |
| 204 | 304470860 | Neustädter SV Bramsche | 67 | 22 | - | 89 | -1 | -4 | 0 | -5 | -5,32% |
| 205 | 304470215 | Reha SG Artland | 37 | 51 | - | 88 | -5 | -4 | 0 | -9 | -9,28% |
| 206 | 304470410 | TC-Belm | 61 | 27 | - | 88 | -3 | 0 | 0 | -3 | -3,30% |
| 207 | 304471020 | Tennis Club Dissen | 52 | 36 | - | 88 | -6 | 4 | 0 | -2 | -2,22% |
| 208 | 304474775 | RuF Rieste-Alfsee | 2 | 85 | - | 87 | -2 | 19 | 0 | 17 | 24,29% |
| 209 | 304472687 | Reitgem. Melle-Ostenfelde | 11 | 73 | - | 84 | 0 | 0 | 0 | 0 | 0,00% |
| 210 | 304470890 | Tauch-Sport-Club Bramsche | 54 | 27 | - | 81 | -8 | 3 | 0 | -5 | -5,81% |
| 211 | 304472195 | RuF Hollenstede | 28 | 52 | - | 80 | -1 | -1 | 0 | -2 | -2,44% |
| 212 | 304472040 | Schützenverein Hesepe | 55 | 22 | - | 77 | 9 | 4 | 0 | 13 | 20,31% |
| 213 | 304471285 | Hadashi Fürstenau | 46 | 30 | - | 76 | -5 | 6 | 0 | 1 | 1,33% |
| 214 | 304471320 | Schießsportclub Fürstenau | 68 | 7 | - | 75 | -1 | 1 | 0 | 0 | 0,00% |
| 215 | 304470415 | Tennisclub Vehrte | 32 | 42 | - | 74 | 32 | 42 | 0 | 74 | 0,00% |
| 216 | 304475250 | Sportschützengem. "Burg Wittekind" | 60 | 14 | - | 74 | -3 | 3 | 0 | 0 | 0,00% |
| 217 | 304471010 | SC Vasco da Gama | 57 | 16 | - | 73 | -4 | 0 | 0 | -4 | -5,19% |
| 218 | 304472240 | Tennisclub Holzhausen | 43 | 30 | - | 73 | 0 | 0 | 0 | 0 | 0,00% |
| 219 | 304472300 | RuF Hunteburg | 12 | 59 | - | 71 | 0 | 0 | 0 | 0 | 0,00% |
| 220 | 304472480 | RuF Bad Laer | 17 | 50 | - | 67 | 0 | -1 | 0 | -1 | -1,47% |
| 221 | 304470825 | Sportschützenabt. Schützenkreis Bramgau | 37 | 29 | - | 66 | 2 | 2 | 0 | 4 | 6,45% |
| 222 | 304475900 | RuF Ueffeln-Balkum | 9 | 57 | - | 66 | 4 | 8 | 0 | 12 | 22,22% |
| 223 | 304470810 | Schützenverein Borgloh | 55 | 10 | - | 65 | -10 | 0 | 0 | -10 | -13,33% |

| | | | | | | | | | | | |
|-----|-----------|--|----|----|---|----|-----|-----|---|-----|---------|
| 224 | 304474490 | TAEKWONDO TEAM IKAROS QUAKENBRÜCK | 40 | 24 | - | 64 | 11 | -5 | 0 | 6 | 10,34% |
| 225 | 304475350 | Schützenverein Sögel | 42 | 22 | - | 64 | -1 | 1 | 0 | 0 | 0,00% |
| 226 | 304476270 | GesundheitsSV Osnabrücker Land | 32 | 30 | - | 62 | 10 | 10 | 0 | 20 | 47,62% |
| 227 | 304471450 | FSC Vorwärts Georgsmarienhütte | 46 | 14 | - | 60 | -2 | -1 | 0 | -3 | -4,76% |
| 228 | 304472815 | Reitsportfreunde Engelern | 16 | 43 | - | 59 | -1 | -5 | 0 | -6 | -9,23% |
| 229 | 304474250 | Luftsportverein Quakenbrück | 53 | 5 | - | 58 | -1 | 0 | 0 | -1 | -1,69% |
| 230 | 304472895 | SV Eintracht Nemden | 57 | - | - | 57 | -3 | 0 | 0 | -3 | -5,00% |
| 231 | 304474650 | Wassersportv. Quakenbrück | 38 | 16 | - | 54 | 14 | 11 | 0 | 25 | 86,21% |
| 232 | 304470980 | Tennisverein Bruchmühlen | 32 | 19 | - | 51 | 5 | 2 | 0 | 7 | 15,91% |
| 233 | 304472705 | SV Meller Türkspor | 50 | - | - | 50 | 0 | 0 | 0 | 0 | 0,00% |
| 234 | 304471212 | FC Sultan Spor | 49 | - | - | 49 | -2 | 0 | 0 | -2 | -3,92% |
| 235 | 304476300 | TC Wehrendorf | 31 | 16 | - | 47 | -4 | -4 | 0 | -8 | -14,55% |
| 236 | 304470480 | Gesundheitssport Deluxe | 4 | 42 | - | 46 | 0 | -4 | 0 | -4 | -8,00% |
| 237 | 304472523 | Westerwieder RuF u. U. | 9 | 37 | - | 46 | 9 | 37 | 0 | 46 | 0,00% |
| 238 | 304475700 | RuF Schwagstorf | 14 | 32 | - | 46 | -2 | 1 | 0 | -1 | -2,13% |
| 239 | 304471430 | Tennisclub Gehrde | 28 | 17 | - | 45 | 1 | 0 | 0 | 1 | 2,27% |
| 240 | 304474350 | Quakenbrücker Sportkegler | 34 | 11 | - | 45 | -4 | 0 | 0 | -4 | -8,16% |
| 241 | 304475300 | Turnverein St. Annen | 14 | 31 | - | 45 | -8 | 7 | 0 | -1 | -2,17% |
| 242 | 304471225 | Schachverein Bad Essen | 40 | 2 | - | 42 | -4 | -1 | 0 | -5 | -10,64% |
| 243 | 304475770 | Tennisverein Schwagstorf | 21 | 21 | - | 42 | 0 | -3 | 0 | -3 | -6,67% |
| 244 | 304474090 | ArtlandSports | 32 | 8 | - | 40 | -3 | -1 | 0 | -4 | -9,09% |
| 245 | 304472770 | Budokai Melle | 31 | 8 | - | 39 | -7 | -4 | 0 | -11 | -22,00% |
| 246 | 304470520 | Tennisclub Bersenbrück | 19 | 19 | - | 38 | -5 | -1 | 0 | -6 | -13,64% |
| 247 | 304470843 | Gesundheitssport Bramsche | 12 | 26 | - | 38 | 2 | 2 | 0 | 4 | 11,76% |
| 248 | 304471445 | APC Georgsmarienhütte | 25 | 13 | - | 38 | -2 | -3 | 0 | -5 | -11,63% |
| 249 | 304471760 | Bogenclub Hagen a.T.W. | 31 | 7 | - | 38 | -2 | -1 | 0 | -3 | -7,32% |
| 250 | 304470830 | B.C. Bramsche 88 | 30 | 5 | - | 35 | 2 | 0 | 0 | 2 | 6,06% |
| 251 | 304471222 | PferdeSG "Am Wiehengebirge" | 7 | 28 | - | 35 | -2 | -2 | 0 | -4 | -10,26% |
| 252 | 304471003 | Billard Club Dissen | 29 | 5 | - | 34 | 1 | -1 | 0 | 0 | 0,00% |
| 253 | 304470380 | Reit- und Fahrverein Belm v. 1901 | 15 | 18 | - | 33 | 0 | 0 | 0 | 0 | 0,00% |
| 254 | 304470690 | Randori Society | 25 | 7 | - | 32 | 10 | -1 | 0 | 9 | 39,13% |
| 255 | 304470835 | Bramscher Schützengesellschaft v. 1586 | 30 | 2 | - | 32 | 5 | 0 | 0 | 5 | 18,52% |
| 256 | 304471211 | GesundheitsSV NZN Aktiv | 13 | 19 | - | 32 | -24 | -29 | 0 | -53 | -62,35% |
| 257 | 304471283 | FC Fürstenu 2018 | 31 | - | - | 31 | 0 | 0 | 0 | 0 | 0,00% |
| 258 | 304471480 | KSV Georgsmarienhütte | 22 | 9 | - | 31 | -2 | 0 | 0 | -2 | -6,06% |
| 259 | 304472580 | Boxsportverein Melle | 30 | - | - | 30 | 0 | 0 | 0 | 0 | 0,00% |
| 260 | 304470925 | SV Türkgücü Bramsche | 29 | - | - | 29 | 29 | 0 | 0 | 29 | 0,00% |
| 261 | 304474450 | SG Artland-Gymnasium | 16 | 13 | - | 29 | -13 | 1 | 0 | -12 | -29,27% |
| 262 | 304471050 | Triathlon-Team Dissen | 25 | 3 | - | 28 | -2 | -5 | 0 | -7 | -20,00% |
| 263 | 304471410 | Reitverein Klein Drehle | 9 | 18 | - | 27 | -2 | -1 | 0 | -3 | -10,00% |
| 264 | 304471235 | Tanzsportgarde Bad Essen | 2 | 24 | - | 26 | 1 | -2 | 0 | -1 | -3,70% |
| 265 | 304472185 | Schachcl. Rochade Hollage | 25 | 1 | - | 26 | -1 | 1 | 0 | 0 | 0,00% |
| 266 | 304471630 | Gesundheitssport Glandorf | 16 | 8 | - | 24 | 2 | -2 | 0 | 0 | 0,00% |
| 267 | 304473230 | Wedeborg Nolle | 24 | - | - | 24 | 0 | 0 | 0 | 0 | 0,00% |
| 268 | 304474095 | BCS Artland | 18 | 5 | - | 23 | 3 | 0 | 0 | 3 | 15,00% |

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|-----|-----------|---|----|----|---|----|----|----|---|-----|---------|
| 269 | 304470833 | Blue Rose Line Dancer | 3 | 18 | - | 21 | -1 | 3 | 0 | 2 | 10,53% |
| 270 | 304471215 | Motoryacht-Club Mittelland i. ADAC | 19 | 2 | - | 21 | -4 | 0 | 0 | -4 | -16,00% |
| 271 | 304474470 | RSG Quakenbrück | 3 | 18 | - | 21 | 1 | 5 | 0 | 6 | 40,00% |
| 272 | 304470842 | F.C. Plünnsessel | 13 | 7 | - | 20 | 0 | -2 | 0 | -2 | -9,09% |
| 273 | 304474150 | BSA Freundeskr. Quakenbrück | 8 | 12 | - | 20 | 0 | 0 | 0 | 0 | 0,00% |
| 274 | 304474340 | Quakenbrücker Schachfreunde | 19 | - | - | 19 | -3 | 0 | 0 | -3 | -13,64% |
| 275 | 304476220 | Motorboot-Club Nautico | 17 | 2 | - | 19 | 17 | 2 | 0 | 19 | 0,00% |
| 276 | 304470832 | BSA Fortschritt im Osnabrücker Land | 5 | 13 | - | 18 | -3 | -1 | 0 | -4 | -18,18% |
| 277 | 304471310 | Schachclub Fürstenau | 17 | 1 | - | 18 | -1 | 0 | 0 | -1 | -5,26% |
| 278 | 304471770 | BSA des Vereins z. Unterstützung hilfsbed. Personen | 14 | 2 | - | 16 | -8 | -9 | 0 | -17 | -51,52% |
| 279 | 304472620 | Karate Dojo Melle | 8 | 5 | 1 | 14 | -1 | 0 | 1 | 0 | 0,00% |
| 280 | 304470250 | Schachg.Ankum/Bersenbrück | 13 | - | - | 13 | 0 | 0 | 0 | 0 | 0,00% |
| 281 | 304471950 | Kyudo-Verein Hasbergen | 11 | 2 | - | 13 | 0 | 0 | 0 | 0 | 0,00% |
| 282 | 304472093 | RehabilitationsSV Osnabrücker Land | 3 | 10 | - | 13 | -1 | 0 | 0 | -1 | -7,14% |
| 283 | 304474780 | Riester Segel-Club | 12 | 1 | - | 13 | -4 | -2 | 0 | -6 | -31,58% |
| 284 | 304472198 | FC Holsten-Mündrup | 12 | - | - | 12 | 0 | 0 | 0 | 0 | 0,00% |
| 285 | 304471216 | ReAktiv Sportverein Bad Essen | 4 | 7 | - | 11 | 0 | 0 | 0 | 0 | 0,00% |
| 286 | 304472475 | GuR-Sport der RückenVital Zentren | 1 | 9 | - | 10 | 0 | 2 | 0 | 2 | 25,00% |
| 287 | 304474475 | Reitverein Fury Forest | 1 | 9 | - | 10 | -1 | 1 | 0 | 0 | 0,00% |
| 288 | 304470490 | Reha- und Gesundheitssport Bersenbrück | 1 | 7 | - | 8 | 0 | 0 | 0 | 0 | 0,00% |
| 289 | 304471004 | Schachclub Dissen - Bad Rothenfelde | 8 | - | - | 8 | 0 | 0 | 0 | 0 | 0,00% |
| 290 | 304471375 | Verein f. Rehasport Fürstenau | 3 | 5 | - | 8 | 0 | 0 | 0 | 0 | 0,00% |
| 291 | 304475130 | SK Rulle | 7 | 1 | - | 8 | -3 | 0 | 0 | -3 | -27,27% |
| 292 | 304476570 | Schützenverein Wimmer | 6 | 2 | - | 8 | 0 | 0 | 0 | 0 | 0,00% |
| 293 | 304471395 | PhysioSport Gehrde | 3 | 4 | - | 7 | 0 | 0 | 0 | 0 | 0,00% |
| 294 | 304472810 | Reha & Gesundheitsforum | 2 | 5 | - | 7 | 1 | -2 | 0 | -1 | -12,50% |
| 295 | 304474772 | Alfseeradspport | 7 | - | - | 7 | 0 | 0 | 0 | 0 | 0,00% |
| 296 | 304474773 | RSW-Rieste | 3 | 4 | - | 7 | 0 | 0 | 0 | 0 | 0,00% |
| 297 | 304474885 | rehaZentrum - Verein für rehabilitative Gymnastik | 2 | 5 | - | 7 | -1 | -3 | 0 | -4 | -36,36% |
| 298 | 304470365 | Therapeutisches Reiten | 1 | 4 | - | 5 | 0 | 0 | 0 | 0 | 0,00% |
| 299 | 304471730 | TTC Topspin Grönegau | 5 | - | - | 5 | -1 | 0 | 0 | -1 | -16,67% |
| 300 | 304472335 | Rehasport Club Lifestyle | 2 | 3 | - | 5 | 0 | -2 | 0 | -2 | -28,57% |
| 301 | 304471213 | Gesundheitssportverein pro Bewegung | 2 | 1 | - | 3 | 0 | 0 | 0 | 0 | 0,00% |